



**ENGLAND  
HOCKEY**

# MIDLANDS COACHING NEWS

**April 2009**

Dear Coaches

Welcome to edition 7 of the Midlands Coaching newsletter. As the season draws to a close, this edition gives you the dates and information about all of the L1, L2 and L3 coaching courses we are running over the summer, along with some key events coming up within the region, and details of some exciting single system coaching opportunities within JDCs, JACs and JRPCs. If you are interested in attending any of the upcoming coaching courses please get your application in as soon as possible so we can accurately monitor the demand.

If you require any further information on any of the items mentioned please just contact us in the Midlands Office.

Best wishes and happy coaching!

The Midlands Team

## YOUR MIDLANDS TEAM

**Jo Duff** - Regional Manager

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**Elaina Leithead** - Regional Administrator

01509 228676

[midlands@englandhockey.org](mailto:midlands@englandhockey.org)

**Jamie Fleet** - Development Officer for Leicestershire & Rutland, Derbyshire, Nottinghamshire, Staffordshire.

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## Coaching Roles in Midlands

### Coaches Required in Northamptonshire

Northamptonshire Hockey is looking for Level 1 and Level 2 coaches to strengthen our current coaching staff at our Junior Development and Academy centres.

We are looking for coaches who will not only coach the juniors (boys and girls) but also travel with the teams to various competitions. Coaching takes place on Monday evenings (Wellingborough) and Wednesday evenings (Moulton), Sessions are due to start in Sept 2009.

For further information contact Mandy Brimyard on 07905 057070 or via email [mandy-brimyard@hotmail.com](mailto:mandy-brimyard@hotmail.com)

### JRPC Coaches Required for the 2 Midlands Centres

The Midlands Regional Junior Performance Group are looking to appoint coaches to work within the 2 Midlands-based JRPCs (Nottingham / Loughborough and North Birmingham) on the following dates: 27&28 June; 11&12 July; 18&19 July; 24-27 August; 5&6 September.

Boys and girls activity will run at each centre at U15, U16, U17 and U18 age groups, and any interested coaches should have a Level 2 or 3 qualification. Potential coaches working towards these levels may also be considered. The Coaching Teams will work in line with the England Hockey Single System under the guidance of Centrally Contracted Coaches.

To express an interest in being considered for one of the positions please email [midlands@englandhockey.org](mailto:midlands@englandhockey.org) detailing the level of qualification you hold, a brief summary of your coaching experience, which centre you would prefer to be based at, and which gender / age group you would prefer to work with. The closing date for expressions of interest is Monday 20 April 2009. Interviews, including a practical session, will then be integrated into the JRPC assessment sessions running on Sundays throughout May.

Please note—any coaches involved in last years JRPC activity should still express their interest if they wish to be involved again.

**If your club / Association has any coaching roles vacant and would like to advertise them in this newsletter please forward all the details to us at [midlands@englandhockey.org](mailto:midlands@englandhockey.org)**



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## Events in Region

### **Yazoo Midlands Hockey Youth Festival**

#### **Highfields Hockey Centre, Sunday 26th April**

The festival this year, as for the past 2 years, has been organised by the Midlands Hockey Youth Panel - consisting of 8 young people aged from 16-25. Working alongside the youth panel will be 22 young umpires all appointed through the Midlands Regional Young Umpiring Action Group (MRYUAG) and 20 young leaders supplied by local hockey clubs.

The Festival will start at 9.30am and will run throughout the day. Teams of U11 and U13 girls and boys who qualified for this festival through their County Festivals will play each other with the winning teams of each age group going forward to represent the Midlands at the Yazoo National Hockey Youth festival also being held at Highfields Hockey Centre on Sunday 17th May

Please come along on the day and support our young stars of the future— it's a fantastic opportunity to see a youth festival being run and officiated by young people for young people.

### **England U16 and U18 Girls Competing over Easter at Highfields**

#### **10th to 13th April 2009 (full match schedule on England Hockey website).**

- ⇒ Held over the Easter weekend each year, the U16 and U18 Girls European Invitational Tournament is a four nation competition held in one of the competing countries; England, Germany, Netherlands or Spain.
- ⇒ This year the competition returns to England and the Highfields Hockey Centre in Nottingham, which also plays host to the YAZOO National Youth Hockey Festival and Men's and Women's Cup Finals in May, and the 2010 Samsung Women's Champions Trophy in July 2010.
- ⇒ The England U16 girls finished fourth in last year's tournament after losing each of their games, including the Bronze medal match, by just one goal. The girls did however go on to win Silver at the summer's Euro Hockey Youth Nations Championships in The Hague.

Get down to Highfields this Easter to support our junior England teams, and to have the chance to spot the future stars of senior international hockey!!



# MIDLANDS COACHING NEWS

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## Reminder of L2 Fast Track Dates!!

- ⇒ **Deadline has passed for applications but we still have a few places available—if you are interested in attending please contact us NOW.**
  - ⇒ **27th April & 11th May at Lichfield HC**
  - ⇒ This is a great way to become a qualified Level 2 coach and there are still a few places available
- If you know of anyone who is interested please encourage them to get their application in to us .
- (For more information on the L2 fast track course see page 5)

## Senior Internationals at Highfields in June

England Hockey is delighted to announce that hockey fans will have the opportunity to watch England's men and women take on two of the world's strongest hockey playing nations in four matches at Highfields Hockey Centre, Nottingham, in June.

On Wednesday 10 and Friday 12 June, England men will take on the 2008 Olympic bronze medallists Australia as part of their ongoing preparations for the EuroHockey Nations Championships in Amsterdam in August. The two evening matches will see England's men, currently ranked sixth in the world, pit themselves against the world number two Kookaburras, who had three athletes named in the Men's World-Hockey All Stars team in 2008.

England women will play Spain at the same venue on Saturday 13 and Sunday 14 June. England, ranked eighth in the world, will use the matches against the side ranked one place higher as part of their final preparations ahead of July's Samsung Hockey Champions Trophy 2009 in Sydney, Australia.

For ticket information visit England Hockey Website—[www.englishockey.co.uk](http://www.englishockey.co.uk)





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## NEW LEVEL TWO FAST TRACK COACH AWARD

Level 2 Fast track is a new way for previous Level 1 (pre-2005) or Level 2 candidates (who have attended a course but are yet to finish) to complete their qualification.

### WHO CAN ATTEND?

Criteria for attendance are as follows:

- Individuals who completed their Level 1 qualification prior to 2005 Or...
- Level 2 candidates on NVQ or VRQ since 2000 who did not complete the award.
- All attendees must be an active and practising coach.

### HOW DO I GET ONTO THE COURSE?

You must submit an application form into your Regional Manager and each application will be reviewed on an individual basis, to assess experience and suitability to match the criteria stated above.

### WHAT DO I NEED TO DO?

Individuals must attend a 7 hour theory day (or 2 x 3.5 hour sessions). Prior to this day they will have 3 hours preparation work to complete.

- All must attend, or have attended, an England Hockey Core Skills Workshop (dates will be published shortly)
- Hold a Safeguarding and Protecting Children certificate (in date within 3 years on completion).
- Hold a First Aid certificate (in date within 3 years on completion).
- A full portfolio of tasks must be completed.

The candidate will then have two practical assessments- one coaching adults and one coaching children. Each assessment will be a minimum of 30 minutes duration. These assessments can be held in your club environment or at one of the set assessment days organised by the Midlands Office (dates to be advised).

### COST

Fast Track Course £250

Please note, this does not include costs of other courses which are required. i.e. core skills, first aid or safeguarding and protecting children workshops.

### WHEN & WHERE

Dates confirmed so far:

- Midlands—27 April & 11 May, 6.30-10pm, Lichfield HC, Staffordshire
- West—8 March (for more information please contact England Hockey West Office)
- South—23 May (for more information please contact England Hockey South Office)

### COMPLETION OF QUALIFICATION

The whole process must be completed, and the candidate certificated within 2 years of registration. (registration happens the week after the theory day).

For more information or to register your interest please contact the Midlands Office.



# MIDLANDS COACHING NEWS

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## LEVEL 3 COACHING AWARD

Applications are invited for the Level 3 coaching award course for 2009. This is the last year that the current format of workshops and a three day residential course will be run. Candidates need to attend 6 high performance coaching workshops prior to attending one of the two the residential courses:

Residential course one - July 24<sup>th</sup> - 26<sup>th</sup> Moulton College, Northampton

Residential course two - August 21<sup>st</sup> – 23<sup>rd</sup> Lilleshall National Sports Centre, Shropshire

Applicants for the Level 3 award need to show that they will be coaching a team over a period of one year, working with assistant coaches and planning different phases of that yearly cycle. Coaches need to monitor and track individual and team player progress with respect to technical and tactical aspects of play and physiological and psychological analysis. As a head coach candidates need to show good planning and evaluation skills, have skills in managing and mentoring other coaches and a high degree of self reflection and continued professional development.

Please download the application form from the web and apply to Elaina Leithead at the contact details below:

England Hockey Midlands  
The Hockey Pavilion  
Loughborough University  
Ashby Road  
Loughborough  
Leicestershire  
LE11 3TU

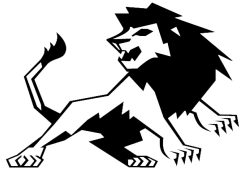
[elaina.leithead@englandhockey.org](mailto:elaina.leithead@englandhockey.org)  
Tel: 01509 228676

## LEVEL 3 HIGH PERFORMANCE COACHING WORKSHOPS

These popular workshops are once again being offered around the country for Level 3 candidates for 2009 and for any other experienced Level 2, Level 3 and Level 4 coaches who wish to attend for Continued Professional Development (CPD).

These courses will be run by Centrally Contracted or National Age Group Coaches with some senior coach educators in attendance. A booklet of the course material delivered on the day, will also be handed out to all candidates in attendance.

Please download the application form from the website and return to Elaina Leithead along with a cheque, made payable to England Hockey, for the relevant amount (contact details as above).



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## **LEVEL 3 HIGH PERFORMANCE COACHING WORKSHOPS**

### **Dates & Venues:**

This is the last year that these workshops will be run in this format so please apply now if you do not want to miss out!

**Saturday 30<sup>th</sup> May**

10.00am – 1.00pm  
2.00pm – 5.00pm

**Lichfield HC, Staffordshire**

Module 3 Attacking Out-letting  
Module 4 Attacking Final Third Transition

**Sunday 31<sup>st</sup> May**

10.00am – 1.00pm  
2.00pm – 5.00pm

**Leeds University, Leeds**

Module 1 Unit Play  
Module 2 Goal Scoring

**Sunday 31<sup>st</sup> May**

10.00am – 1.00pm  
2.00pm – 5.00pm

**Harleston Magpies Hockey Club, Diss (Norfolk)**

Module 3 Attacking Out-letting  
Module 4 Attacking Final Third Transition

**Saturday 6<sup>th</sup> June**

10.00am – 1.00pm  
2.00pm – 5.00pm

**John O'Gaunts SSP, Newbury**

Module 3 Attacking Out-letting  
Module 4 Attacking Final Third Transition

**Sunday 7<sup>th</sup> June**

2.00pm – 5.00pm

**University of Exeter**

Module 6 Goal Keeping

**Saturday 13<sup>th</sup> June**

10.00am – 1.00pm  
2.00pm – 5.00pm

**John O'Gaunts SSP, Newbury**

Module 5 Team Defence  
Module 6 Goal Keeping

**Sunday 14<sup>th</sup> June**

2.00pm – 5.00pm

**University of the West of England, Bristol**

Module 6 Goal Keeping

**Saturday 20<sup>th</sup> June**

10.00am – 1.00pm  
2.00pm – 5.00pm

**University of Exeter**

Module 1 Unit Play  
Module 2 Goal Scoring

**Sunday 21<sup>st</sup> June**

10.00am – 1.00pm  
2.00pm – 5.00pm

**Lichfield HC, Staffordshire**

Module 1 Unit Play  
Module 2 Goal Scoring

**Sunday 21<sup>st</sup> June**

2.00pm – 5.00pm  
10.00am – 1.00pm

**Leeds University**

Module 4 Attacking Final Third Transition  
Module 5 Team Defence

**Sunday 5<sup>th</sup> July**

10.00am – 1.00pm  
2.00pm – 5.00pm

**University of Gloucestershire, Oxstalls Campus**

Module 3 Attacking Out-letting  
Module 4 Attacking Final Third Transition



# MIDLANDS COACHING NEWS

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## Level 1 Course Dates 2009

**Course Full -** Derby College, Derby. 31<sup>st</sup> May, 7<sup>th</sup>, 14<sup>th</sup> June - Contact Jamie Fleet

Nottingham Highfields Sports Club, 22<sup>nd</sup>, 29<sup>th</sup> May 5<sup>th</sup>, 7<sup>th</sup> June- Contact Jamie Fleet

Hamstead Hall School, Birmingham. 31<sup>st</sup> May, 7<sup>th</sup>, 14<sup>th</sup> June – Contact Nisar Chaudhry

Wrekin College, Shropshire. 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> June - Contact Nisar Chaudhry

Moulton College, Northants. 20<sup>th</sup>, 21<sup>st</sup>, 22<sup>nd</sup>, 23<sup>rd</sup> July - Contact Emma Hewitt

Moulton College, Northants. 24<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup> 27<sup>th</sup> August - Contact Emma Hewitt

These are the courses that have been confirmed to date, we will be organising more between Sep and Dec, and will inform you of these in future newsletters if so. Places are filled on a first Come first serve basis and then extra applicants will be placed on a waiting list.

## Level 2 Course Dates 2009

Hamstead Hall School, Birmingham. 30<sup>th</sup> April, 2<sup>nd</sup>, 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> May- Contact Nisar Chaudhry

Derby College, Derby. 4<sup>th</sup>, 5<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> July - Contact Jamie fleet

Moulton College, Northampton. 5<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> July - Contact Emma Hewitt

If you are interested in attending any of the above please forward your application form to us ASAP.  
**We need a minimum number of candidates on each course otherwise they are in jeopardy of not running!!**

**Midlands Regional Office, The Hockey Pavilion, Loughborough University, Ashby Road  
Loughborough LE11 3TU**

Tel: 01509 228676 e-mail: [midlands@englandhockey.org](mailto:midlands@englandhockey.org)

Thank you for taking the time to read our newsletter! Please tell all your friends about it and ask them to get in touch if they too would like to receive regular coaching updates from the Midlands Region.